



Outdoor Club of East York  
**2020 SPRING-SUMMER-FALL CALENDAR**  
April 1 to November 30

## **WELCOME TO OUR 2020 SPRING-SUMMER-FALL PROGRAM**

### **NEW MEMBERS ARE ALWAYS WELCOME!**

If you are a renewing member, please go to Renew Membership under the "Members Only" tab.

Initial club membership fees are for 12 months from the date your payment is received. Subsequent renewals will be for 12 months from the anniversary date of the day you joined the club (or August 31st for members who joined prior to June 2012). Membership fees are listed in the form below.

The club's activities are described in a calendar issued to members twice each year. Carpool costs, accommodations, and other incidental costs are additional and are estimated in the description of each outing.

#### **For Payment by Credit Card:**

Payment may be made by credit card using PayPal's secure site. OCEY does not have access to any of your credit card information. You may either select "Pay with my PayPal Account" or go to the bottom of the page and click on "Don't have a PayPal account?"; You will then open a page for entering your credit card information.

N.B. If you have a popup blocker enabled in your browser, you may need an additional step to access the PayPal website after you click on 'Submit'. When you click on 'Submit' you should see another button labelled 'Buy Now'. Clicking on this should take you to the PayPal website. Please let us know if you still have problems.

## **GUESTS**

Members are welcome to bring non-member guests to up to two OCEY events. After that, we would expect people to join the Club.

Please confirm their participation with the trip organizer prior to the event. Also ensure that your guest is properly equipped and fit enough for the level of difficulty. For accommodation, ski buses, theatre, etc., the member who is registering the guest will be responsible for a no-show of the reserved place/seat.

Non-members who would like to attend a trip but do not know an OCEY member should contact the Club at the [info@ocey.ca](mailto:info@ocey.ca) email address.

Everyone attending an OCEY event or trip must sign our waiver form and give emergency contact information.

**Enjoy!**

## ACTIVITIES PROGRAM

### **Sunday April 5 2020 Day Cycling - Grafton to Presqu'ile Provincial Park - 80kms**

Grafton to Presqu'ile Provincial Park and back via a hilly route, 80 kms.

Bring lunch for a picnic at the point in Presqu'ile Provincial Park. Hopefully the weather will be nice and sunny. In previous years there was no fee payable for entry to the park at this time of the year.

The ride distance is approximately 78 km.

Level: Intermediate

### **Tuesday April 7 2020 Explore Toronto's Street Art Urban Walk**

Toronto is making its mark with spray paint. This walk will take us to some of the most vibrant and startling street art in the city. Meet at Lansdowne TTC Station. We will then visit hotspots in Little Portugal, the Euclid/Palmerston Lane south of College, Kensington Market, the 136 McCaul laneway, and the Simcoe Street Tunnel, ending with coffee in St. Lawrence Market. If anyone is interested, afterwards, we can visit the StreetARToronto exhibit currently on in the Market Gallery – there is no admission charge.

[StreetARToronto exhibition](#)

[Video](#)

### **Wednesday April 8 2020 Petticoat Evening Walk & Pub Stop**

Evening walk with a full moon in Petticoat Park, followed by a stop at the Black Dog pub.

Level: Easy

## **Friday April 10 2020 Day Cycling – Buttonville Spring Warm-Up – 65 km**

A Spring warm-up ride that involves a few hills. We will start from Buttonville and head north on Warden Avenue to Vivian Side Road where the legs will get a chance to try some hills as we head toward Musselman Lake on our return.

Level: Moderate

## **Friday April 10 2020 Forks of Credit Good Friday Hike - 12 km**

Good Friday hiking in Forks of the Credit Provincial Park including great views of the waterfalls.

Level: Easy, although one long hill

## **Tuesday April 14 2020 Toronto Walk**

This walk starts at the Lawrence Subway Station (3101 Yonge St), then heads south-west through Alexander Muir Memorial gardens and the Burke Brook Ravine. From the ravine, we will pass by Havergal College, and then head south through the Lytton residential area. We will pass through the Roselawn Jewish Cemetery and Memorial park as we head onto the Kay Gardner Beltline Trail. Finally, we will pass through Oriole park before arriving at Davisville station. As usual we will stop for coffee and a bite to eat near the Davisville station.

Planned map for walk: <https://goo.gl/maps/oFzkyPz2BLocV428>

Level: Easy, distance 7.1 km

## **Thursday April 16 2020 Toronto Belt Line Walk**

This 10 km walk will take us along the Belt Line and also through quiet neighbourhood streets. Lunch stop afterwards.

## **Saturday April 18 2020 Cycle - Guildwood to Pickering Marina - 40kms**

Join us for a leisurely cycle along the Highland Creek and the Pickering waterfront and return. We will have lunch at the Pickering marina.

Level:                    Moderate

## **Saturday April 18 2020 Orchestra Concert: Elgar, Saint-Saens, Piazzolla**

CATHEDRAL BLUFFS ORCHESTRA: Elgar Cello Concerto, Saint-Saens Carnival of the Animals, Piazzolla, Glinka and Elgar Pre-concert chat at 7:15

The Cathedral Bluffs Symphony Orchestra, one of Toronto's leading community orchestras, brings to life the power, emotion and dynamism of the classical symphonic repertoire.

Seating is assigned. I will buy a block of tickets for anyone who has sent me an e-transfer for the ticket price by the end of April 11. After that, participants may purchase tickets for themselves online. The orchestra website is: <http://cathedralbluffs.com>

I will not be able to arrange any pre-concert gathering, but registrants may want to contact each other to coordinate transportation and/or a meal.

## **Sunday April 19 2020 Rouge Park Earth Day Hike - 10 or 20 km**

Please join us to celebrate Earth Day on a 20 km longer hike or 10 km shorter hike

Difficulty: Hills

Pace: Moderate. Please wear appropriate footwear (hiking boots), bring lunch, water and perhaps poles

### **Option 1**

Distance: 20 km

**OR**

### **Option 2**

Distance: 10 km

Bring a lunch. Both groups will eat together outside of the Rouge Valley Conservation Centre.

## **Tuesday April 21 2020 Glen Stewart & Ashbridge's Bay Walk**

We'll leave from Main Street station and head south to explore Glen Stewart Ravine, Glen Stewart Park and Ivan Forrest Gardens. We'll then walk along the boardwalk to Ashbridge's Bay Park. Depending on the time, we may walk back through Woodbine Park to finish at Murphy's Law Pub for lunch or, if we still have time, we'll head north through local neighbourhoods to Gerrard St. to a restaurant/coffee shop there.

Level: Easy

## **Friday April 24 2020 to Sunday April 26 2020 Weekend "Algonquin Awakens"**

Come and join us in celebrating the awakening of nature in Algonquin Park. We will be staying at the rustic Wolf Den Bunkhouse for a fun-filled weekend. Be prepared for lingering snow and ice on the scenic park trails.

Level: All hiking levels

Cost: \$80 for two nights accommodation plus carpool as per club guidelines

## **Saturday April 25 2020 Bird Photography Outing Bird Photography Outing**

Of the many good birding areas along the Humber River, none is better than Lambton Woods (James Gardens). There are ducks, gulls, herons and mergansers on the river. There are many resident birds such as Hairy and Downy woodpeckers, American tree sparrows, house finches, Black-capped chickadees, and two types of nuthatches. Along with all this there are the migratory birds that have just arrived.

**Unfortunately, I have to limit the number of attendees to six.** You can either bring cameras or binoculars. If bringing a camera, I recommend at least a 400mm lens. If you don't have one, they can be rented at a very reasonable price for the entire weekend.

## **Sunday April 26 2020 Hike TBA**

Details TBA

## **Tuesday April 28 2020 Toronto Walk**

A 10 km walk which will explore Mount Pleasant Cemetery, a national historic site many grand monuments, and the final resting place of many

famous Canadian. The walk will continue onto the Belt Line and we will finish the walk near a subway station (with a coffee stop before).

## **Friday May 1 2020 Presentation on Paddling in Quetico**

A club member, who canoed in Quetico last summer with her husband will give us a picture of their meticulously prepared and wonderfully successful 10-day backcountry adventure to Quetico Provincial Park in 2019. Come hear about canoeing and camping in this beautiful part of northern Ontario.

Date: **TBA - an evening in May 2020**

## **Saturday May 2 2020 CANOE: DAY TRIP - NONQUON RIVER**

The Nonquon River passes through a large marsh just a short distance from Port Perry. The water will be cold but the level will be good. In the past beaver have created some lift-over opportunities. Expect to see nesting Canada geese.

Level: **Novice, 15 km**

## **Sunday May 3 2020 Introduction to Hiking - 10 km**

Introduction to hiking, suitable for inexperienced hikers who love nature. You can learn the basic hiking safety points and build up more confidence. Experienced hikers also welcome!

Level: **Easy**

## **Tuesday May 5 2020 Tuesday Morning Cycle**

No need to reserve, just show up. Ride will be cancelled if raining at 9 a.m.

Level: Easy

## **Thursday May 7 2020 Birding, Photograph and Nature Lovers**

Mount Pleasant's abundant tree collection makes the cemetery one of North America's most significant arboretums. Large flower gardens, birds and other wildlife also enhance its natural beauty, along with its many unique works of art found throughout the grounds in sculptures and artist-made memorials.

Migration has started and the cemetery is a great place to start the season. Last year I saw at least 67 species of warblers and a nesting redtailed hawk... If we are lucky, we might see the coyote that I photographed the other day. I have seen him or her at least four times. I have also heard that the coyotes have mated so we might see the pups. The trees will be flowering, butterflies will be flying about and the statues are very photogenic. The cemetery is a great place to relax. Be prepared for a lot of walking.

What to bring: You can come out for the walk and not bring any of the things I mention below:

A long lens for birds

A normal lens for overall views

Binoculars

Meet: The north-west corner of the cemetery on the Yonge street side. You can park in the cemetery. This event is limited to 6 participants. Bring water

## **Saturday May 9 2020 Crawford Lake Hike - 12 km**

We will do a loop hike through the Crawford Lake Conservation Area, the boardwalk around Crawford Lake and visit the Iroquoian Village.

Level:                    Moderate.

## **Monday May 11 2020 to Thursday May 14 2020 - Ottawa Tulip Festival**

I have booked 3.5 bunk bedrooms at the JAIL HOUSE HOSTEL for 2 people @ \$105 per night + tax, divided by 2 and 3 private double bed jail cell rooms @ \$110 per night + tax, which could be shared or not.

WiFi, Continental breakfast and a tour of the jail are free. There's an on-site pub with a patio and frequent live entertainment. Bike rental (fee) and discounted tickets to local attractions are also available.

Trips to museums, galleries and Byward market. Hikes around town.

Commit and register. State which type of room you want and pay. If you are booking a bunkbed room, please contact your roommate. There is a lower bunk available in my room.

## **Tuesday May 12 2020 Tuesday Morning Cycle**

The ride will begin at the Brickworks and end at Edwards Gardens.

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 a.m.

Level:                    Easy

## **Friday May 15 2020 to Monday, May 18th, 2020 - Trip Full - Waiting List applies Cycle - Orillia May long weekend**

Join OCEY members in Orillia, we will ride some of the trails north and south trails of Orillia. Long and short rides will be offered each day, short at approximately 50kms and long at approximately 80-90kms. Joanne Walsh will be leading the short rides and Mike Beauchamp will be leading a long ride. We will be staying at the Lakehead University Orillia campus.

There are two-bedroom suites with shared bathroom and kitchen. The cost for three nights for each person will be \$152.55 based on double occupancy at a group rate.

## **Saturday May 16 2020 Rouge National Urban Park Hike - 8 km**

*Mast Trail 2.5 km (one way) 1-2 hours total hiking time. Moderate to Difficult.* This classic Rouge Valley hike features excellent examples of rare Carolinian ecosystems while traversing a 200 year old former logging route. *Vista Trail 1.5 km (one way) 1-2 hours total hiking time. Moderate.* The Vista Trail's two-level viewing platform is one of the best places Toronto's autumn colours and spectacular valley views.

## **Sunday May 17 2020 Bruce Trail Hike**

Rating: 12.6 km, hilly

Description: Bruce trail map 13 (27th edition). We will start at Scotsdale Farm and hike on the Bennet side trail clockwise to the main trail and then take the Great Esker side trail and return to the start point. Bring a lunch.

## **Tuesday May 19 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 a.m.

Level: Easy

## **Thursday May 21 2020 Toronto Morning Walk**

The walk is about 1.5 hours and includes Northimer Ravine, Wychwood Park and Cedervale Ravine. We will go for coffee or lunch in one of

several possible locations. This is a circular walk. End point St. Clair West subway station.

Hiking boots recommended. The ravines can be muddy.

Level:                Easy

## **Saturday May 23 2020 Hike Old Pleasure Valley Trails**

Wilder Forest and Wildlife (formally Pleasure Valley). Parking can be accessed from Brock Road.

For more information on the program, including trip types, what to bring, etc. see [Sunday Car Pooling Events](#).

Please register online for the outing if you intend to come and indicate if you need a ride or can offer one.

## **Saturday May 23 2020 Orchestra Concert: Mahler Symphony, Saint-Saens Violin Concerto**

CATHEDRAL BLUFFS ORCHESTRA: Mahler Symphony No. 1 Saint-Saens Violin Concerto No. 3

Pre-concert chat at 7:15

The Cathedral Bluffs Symphony Orchestra, one of Toronto's leading community orchestras, brings to life the power, emotion and dynamism of the classical symphonic repertoire.

Seating is assigned. I will buy a block of tickets for anyone who has sent me an e-transfer for the ticket price by the end of May 16. After that, participants may purchase tickets for themselves online. The orchestra website is:

<http://cathedralbluffs.com>

I will not be able to arrange any pre-concert gathering, but registrants may want to contact each other to coordinate transportation and/or a meal.

## **Sunday May 24 2020 City Walk and Theatre Outing – Cobourg**

After a walk in the quaint small town of Cobourg, we will see the play “You will Remember Me” at the intimate Firehall Theatre. After the matinee show we will have dinner at a local restaurant before heading home.

Description of the play from the Firehall Theatre website:

“Memory and family are central themes in this moving drama by one of Quebec’s most dynamic voices, Governor General’s Award-winning playwright François Archambault. The play portrays a family whose aging patriarch – a university professor, long-time sovereigntist and intellectual force – is in the early stages of dementia. With humour, love, and compassion, each family member reacts in their own way to the challenges of creating room in their lives for his care. A powerful drama that raises broader questions of the role memory plays in all our lives.

## **Sunday May 24 2020 Rogers Conservation Meditation Walk - 10 km**

We will focus on our different senses while following our breath movement and grounding each step.

Level:                Easy

## **Monday May 25 2020 City Cycle - Celebrate Bike Month**

Free Breakfast at Toronto City Hall

See Website for more information: <http://www.bikemonth.ca/toronto>

## **Tuesday May 26 2020 Tuesday Morning Cycle**

No need to reserve, just show up. Ride will be cancelled if raining at 9 a.m.

Level:                      Easy

## **Wednesday May 27 2020 to May 28 2020 Paddle Whitewater on the Lower Madawaska River**

The Lower Madawaska is a beautiful stretch of river, now recognized as a waterway-class provincial park. Long a favourite of novice whitewater paddlers, with some pretty drops like Rifle Shoot, Split Rock and Raquette. You will need to have a whitewater canoe or kayak. Or portage most of the rapids – maybe 4 portages, mostly short. Whitewater canoes and kayaks can be rented from outfitters in nearby Quadeville or Griffith. There will be some bugs at the put-in and take-out.

If you would like to join this trip, contact the organizer no later than May 4th to make sure you are prepared for it and to ensure the logistics work.

Put in: Aumond's Bay. Take out: Buck Bay. These are between Quadeville and Griffith.

It is a long drive from Toronto -- 3.5 hours. So we propose driving up on May 27th and paddling the river on the 28th. We have options re motels or camping and will try to make the decision as a group well ahead of time. Some may also be interested in breaking up the drive there with a stop in Peterborough to take in the Canadian Canoe Museum.

## **Thursday May 28 2020 Exhibition Place, Ontario Place Walk - yours to re-discover**

Walk will explore Exhibition Place, circle Ontario Place then E through Trillium Park, Bentway, City Place then N to Victoria Square, Wellington pub. Anticipated duration 3 hours with dropouts possible at Strachan, Bathurst.

Walk will end at Wellington Pub, Wellington-Portland, near Bathurst, King and Spadina streetcars. (Leader will continue after lunch to King West, Kensington Market).

Level:                Easy

## **Thursday May 28 2020 OPERA: Cavalleria Rusticana by Pietro Mascagni**

TORONTO CITY OPERA brings this intensely beautiful and dramatic opera classic to Harbourfront at our Toronto waterfront. A story of love, betrayal and revenge the opera will be set in Toronto's Little Italy. Talented soloists bring to life the fate of the young lovers in this fully-staged opera backed by the 40-member Toronto City Opera chorus. In Italian with English surtitles. Visit [www.torontocityopera.com](http://www.torontocityopera.com)

Cost: \$35 - \$55

Tickets online at: [www.torontocityopera.com](http://www.torontocityopera.com)

**OR**

Box Office:        235 Queens Quay West (no service charge if in person)  
Available Tuesday - Saturday 1-6 pm

## **Friday May 29 2020 THEATRE - Cole**

Cole Porter

A fresh musical tribute about the king of musicals, Cole Porter. The show includes most of Cole's hit songs with a narration which tells the story of

his life, from Yale to Paris to Manhattan to Broadway to Hollywood – and – ultimately back to Broadway.

**Please register by May 22**

Theatre Location:

35 Fairview Mall Drive - Sheppard & Don Mills

Cost: Tickets \$20 - Great Deal

**Saturday May 30 2020 Colonel Danforth Park Hike**

Colonel Danforth Park hike to Lake, Ontario followed by a visit to the Six Social Restaurant on Old Highway 2.

Level: Easy

Cost: Free, pay for your own lunch and/or beverages

**Saturday May 30 2020 Graffiti/Street Art Walk**

West Queen St./Ossington Ave.

We will see the many styles Graffiti comes in such as Tags, Throw Ups, A Piece and Wildstyle. You will also see the works from Graffiti writers and toys. There are many unique murals and shops in the area. We will walk in the laneways, off Ossington Ave. and Queen St. West to Dufferin St. Refreshments in the area afterwards.

Bring water, cameras & smiles.

**Please register by Thursday, May 28.**

**Tuesday June 2 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM.

Level: Easy

## **Wednesday June 3 2020 to Sunday June 7 2020 Day Hiking in the Adirondack Mountains of New York**

*Available for registration Monday, April 20 at 7 p.m.*

With peaks rising to over 1,600 meters, the Adirondack Mountains are the tallest mountains that are within a reasonable day's drive from Toronto. The day hikes will be challenging, but the rewarding spectacular panoramic views make the efforts well worthwhile. At night we will be staying in dorm rooms with complete kitchen and shower facilities. Depending on demand, I will organize two hikes per day.

For those who have the energy and stamina of a young mountain goat, I will plan very challenging hike to one of the major mountain peaks. For those with a more typical physical human capacity, I will plan a more moderate hike in either a valley area or a smaller mountain peak.

Level: challenging and very challenging

Cost: Carpool cost as per [club guidelines](#)

Accommodation cost:

\$120 U.S., June 3 to June 7

## **Thursday June 4 2020 Bloor - Riverdale Park- Don Jail - Broadview/Danforth Walk**

Walk will pass Ecole Napoleon (former Broadview Lavatory), City Adult Learning Centre, Riverdale Park, Bridgepoint Health, Don Jail (for a self-guided tour).

Walk will return via St Matthew's Clubhouse, oldest still occupied house in Toronto, Holy Eucharist Ukrainian Church, (to learn about WW1

internment of Ukrainians), homes of Canada's first black councillor and his TTC Commissioner son. End at Edmund.

Burket pub in Playter Hall, SE corner of Broadview and Danforth.  
Anticipated duration (with Don Jail visit) 3hrs.

Level:                Easy

## **Friday June 5 2020 to June 7 2020 Eat well and carry a lighter pack: A Dehydration Workshop**

*Available for registration Monday, April 20 at 7 p.m.*

Are you wanting to reduce the weight of your pack and still eat well? Here's your opportunity to prepare, dehydrate, store and rehydrate fruit, vegetables and a main dish with opportunities for hiking or paddling while the dehydrator does its work. It is not necessary to bring your own dehydrator.

Bring your bedding, towels, breakfasts, lunches, Friday night dinner and salad or dessert contribution to Saturday evening barbecue, as well as hiking and paddling gear, as you choose. Canoes, kayaks, paddles and safety equipment are available for use from the cottage property. We have a limited number of life jackets so please bring your own if you have one. (Vegetarians may want to bring something to BBQ. Burgers will be available.) You may sleep in a cottage or [trailer](#) or bring your tent. The cottage is a 2.5-hour drive from Toronto.

This workshop is open to a small group of 8 people.

Cost:                TBA- for BBQ meat and groceries purchased for dehydrating.

## **Saturday June 6 2020 Cycling Keswick and return through Sutton - along the lake 60kms**

Ride the shoreline of lovely Lake Simcoe from Keswick past Jackson's Point to Virginia Beach, take a loop inland, and then return to the shoreline via Sutton. Basically, flat with some hills. The distance is approximately 60kms, this is considered a leisure ride at an intermediate level and we will stay together and wait for everyone at all turns. Bring a lunch.

## **Sunday June 7 2020 Preparation for Summer Fun Hike - 18 km**

Hike in Rogers Reservoir Conservation area on Green lane will cover diverse scenery.

Level: Medium

Carpool: As per [club guidelines](#)

## **Tuesday June 9 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Thursday June 11 2020 2 Ravines and Mt Pleasant Cemetery Walk**

Walk east through Rosedale to Mt Pleasant, north up Yellow Creek Ravine to Mt Pleasant cemetery, east visiting more interesting graves, south down Mud Creek to Evergreen Brickworks for lunch. Then south through Rosedale to Sherbourne TTC. Dropouts possible at Mt Pleasant, Yonge-St Clair and Evergreen Brick Works. Anticipated duration 3 hrs.

Level: Easy

## **Thursday June 11 2020 Mountain Biking at Hardwood Hills, north of Barrie**

Hardwood Hills is a great place to try out mountain biking. They have well maintained trails of all level of difficulty, and often have “chicken options” around some of the scarier trail features. This trip will be aimed at novice/intermediates. We will ride 4 hours plus. You will need a real mountain bike. If you do not own one, rentals are available at Hardwood. But be sure to book in advance.

And after some initial easy loops, there will be opportunities to take on more challenging trails for those who wish.

Bring a lunch.

Mountain biking is full of risks and if you join us you must ride with due caution. Be sure to walk your bike on any sections that you are not sure you can ride safely. This is not an instructional event.

There is a daily trail fee: \$15 for adults, \$12.50 for seniors (60+) and students. Plus bike rental costs, if applicable.

### [Hardwood Hills](#)

It is 90 minutes’ drive north of Toronto.

## **Thursday June 11 2020 Can-Bike**

A Can-bike instructor will hold a 2-hour course designed for adults who would like to learn traffic handling skills and the rules of the road. At the end of the course, students should feel comfortable riding on residential and some urban streets.

*As an Instructor I can only handle 6 students. That is the ratio, specified by the Canadian Cycling Association. If others want to volunteer with me they may do so.*

## **Saturday June 13 2020 Bruce Trail Hike**

We will hike approximately 14 km from Borer's Falls to Tew's Falls for lunch, and return to Borer's Falls. (Bruce Trail Guide Map 8)

Level: Moderate, but some hills

## **Saturday June 13 2020 Cycle - Ride the Beaver River Wetlands - Uxbridge-Cannington 60kms**

Uxbridge to Cannington and back by rail trail — about 60 km roundtrip. A flat trail through some beautiful wetlands. Most of the trail is in excellent condition with a crushed stone surface. There are a couple of rough spots and if you have really skinny tires, you might find yourself pushing a short way in one place.

Bring lunch – we will eat on the trail. If the group chooses, we can also have a coffee stop in Cannington.

## **Saturday June 13 2020 Graffiti - Street Art Walk**

Dundas St. West/Little Portugal

We will see the many styles Graffiti comes in such as: Tags, Throw Ups, A Piece and Wildstyle. You will also see the works from Graffiti Writers and Toys. There are many unique murals and shops in the area. We will walk in the laneways off Dundas St. West to Lansdowne Ave.

Refreshments in the area afterwards.

## **Sunday June 14 2020 Mono Cliffs Hike - 10 km**

We will meander through various trails at Mono Cliffs Provincial Park which includes the South Outlier Trail, Cliff-Top Side Trail, McCarston's Lake Trail, the Lookout Trail, Walter Tovell Trail and the Carriage trail.

Level: Moderate

## **Sunday June 14 2020 Day Cycling – Super Issy Memorial Ride – 75 km**

Starting in Buttonville, within a kilometer of the former Hood Farm, we will cycle through the countryside in memory of Isobel Hood with a stop at the Willow Springs Winery to toast this long-time OCEY member. Lunch in Mount Albert.

**Please note: a shorter ride may be offered, depending on who registers for this event.**

Level:                    Moderate, with a few hills on the return

## **Tuesday June 16 2020 Tuesday Morning Cycle**

No need to reserve, just show up. Ride will be cancelled if raining at 9:00 AM.

Level:                    Easy

## **Thursday June 18 2020 Toronto Morning Walk**

A short walk brings us to Alexander Memorial Gardens- the beginning of the hike. We will go via Sherwood Park to Sunnybrook Park and E. T. Seaton Park and the Lower Don Parklands.

We will end at The Brickworks where there is transportation to the Broadview subway station and to the Davisville subway. The whole walk will take 3 hours with a stop to have a lunch.

There are other exits from the park if anyone wishes to stop sooner. Hiking boots are needed since we are going to go to some unpaved paths. Occasionally hiking poles will come handy.

Level:                    Easy

## **Thursday June 18 2020 Mountain biking in the Don Valley**

The Don Valley has become a destination for mountain bikers with some great MTB trails actually built and maintained by the City. Many more, often the more extreme ones, are built by local enthusiasts.

Our club ride will be aimed at novice/intermediates. We will ride 3 to 4 hours. You will need a real mountain bike for this. If you do not own one, rentals are available from Sweet Pete's Trailhead Bike Shop at the Brickworks. Be sure to book in advance. If you have your own bike, bring a spare tube.

Bring a lunch.

Mountain biking is full of risks and if you join us you must ride with due caution. Be sure to walk your bike on any sections that you are not sure you can ride. This is not an instructional event.

### [The Brickworks](#)

The DV trails do get muddy after a big rain and should not be used in these conditions. In this case, we will reschedule.

## **Friday June 19 2020 to June 21 2020 Canoe / Kayak Franklin Island**

We will start at Dillon Cove and paddle out to the west side of Franklin Island. No guarantees but past experience is that there are very few bugs - black flies or mosquitoes - in this area at this time of year.

We can explore the multitude of coves and islands, swim or just relax and enjoy the scenery.

Limited to four canoes. Food will be independent

## **Saturday June 20 2020 Urban Cycle - OCEY Annual Picnic**

The ride for the Annual Picnic to be held at Wilket Creek Park.

## **Saturday June 20 2020 Urban Walk - OCEY Annual Picnic**

A short circle route walk to build up your appetite prior to the club annual picnic. We will return in time for the 1 p.m. club event.

Level: Easy

## **Saturday June 20 2020 Special Event - OCEY Annual Picnic**

All members are invited to attend the Annual Club picnic - this is a wonderful opportunity to socialize with your fellow club members. Wilket Creek Park is very large, so let's take advantage of it and play a few fun games, such as: volleyball, soccer or badminton.

**Please bring your own water.**

## **Tuesday June 23 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Wednesday June 24 2020 to July 5 2020 BIKE TOUR & OTTAWA BIKE TRIP with Canada Day celebration in Ottawa.**

**BIKE TOUR & OTTAWA BIKE TRIP with Canada Day celebration in Ottawa.**

We are again planning a loaded bike tour for our members in 2020 and combining it with a bike trip in Ottawa.

**The 10 day Bike Tour (June 24<sup>th</sup> to July 5<sup>th</sup>)** will be a circular route starting in Verona on June 25th and heading to Ottawa, using the K&P

Rural Trail, the Cataraqui Trail and rural back roads. Highlights of the tour include the Rideau Canal Waterway (stops and camp at several lock stations) and going through several charming villages on the way to Ottawa.

In Ottawa, we will be staying at the Algonquin College residence from June 28<sup>th</sup> to July 2<sup>nd</sup> where we will join other OCEY members for day rides. The tour group will leave Ottawa on July 2<sup>nd</sup> using a different route, we will camp for 2 nights (July 2<sup>nd</sup> & July 3<sup>rd</sup>) and arrive in Verona on July 4<sup>th</sup> with the option of staying for the night and returning to Toronto on July 5<sup>th</sup>.

**The 4 day Bike trip in Ottawa will be from June 28<sup>th</sup> to July 2<sup>nd</sup>.** This event will be open to all OCEY members who are interested in doing day trips for 3 days in and around Ottawa and crossing over to Quebec and also staying at the Algonquin College residence in Nepean. There will be two group rides each day with one group riding shorter distances of approximately 50kms or less, and a second group with longer cycling distances of up to 80kms. Have your Canada Day jersey and flag ready for celebration on July 1<sup>st</sup>.

### **Approximate costs for accommodations:**

#### **Campsite costs TBD**

A point of clarification on the costs, \$124 is per night the costs for 4 nights based on configuration below:

- 2 person sharing for 4 nights will be \$249 per person
- 3 person sharing for 4 nights will be \$249 per person
- 4 person sharing for 4 nights will be \$125 per person

### **2 BEDROOM SUITES**

- 2 separate bedrooms each with desk, dresser and double bed including linen
- Kitchenette with sink, full-size fridge, microwave, seating area with table and chairs (cuttlery, dish & glassware not included)
- 3 piece washroom stocked with guest amenities

- Telephone with complimentary local calls
- High-speed internet
- Cable television

[Check out our 3D virtual tour here.](#)

### **Requirement for the bike tour.**

1. Able to cycle between 60 to 65 km each day for 6 days with your camping gear (panniers, sleeping bag, tent, cooking utensils, food etc.).
2. Have a touring or Hybrid bike properly serviced and ready prior to the trip. You will need the minimum 2 panniers for the trip.
3. Be flexible, be willing to following leaders' instruction and directions, be ready to have fun regardless of rain, sun, snow or other people idiosyncrasies.

Since there are no bike mechanics on these trips, we are making the requirements below m for participation, if you cannot comply then the trip is not for you.

### **Mandatory for both the bike events:**

1. Bike must be serviced and in good condition. Take your bicycle in for a pre-trip tune-up brakes, tires, gears and other bike components checked. There are no bike mechanics or on the tour.
2. Appropriately sized spare tubes for your bike must be carried.
3. Helmets are mandatory.
4. Take a test spin to make sure you are comfortable riding with what you'll be carrying
5. 5. Bikes must be equipped with front headlight and rear reflectors/light. Reflectors/lights mu be present on the front and rear wheels and visible on both sides of the bike to provide visibility side and on one each pedal.

6. All cyclists must be prepared to abide by the instructions of the group leader and practice riding.

**Additional Cycling and Hiking options – Biking trip** in PEI from July 11<sup>th</sup> to the 14<sup>th</sup>, and a **Hiking trip** in Newfoundland and Cape Breton Island - from July 14<sup>th</sup> to July 30<sup>th</sup>. Details for these trips are posted in the calendar. You may be able to combine all four events in one continuous trip.

## **Thursday June 25 2020 Humber Arboretum Morning Walk**

Located in the northwest end of Toronto, along the Humber River and close to Humber College Campus this public Park and Conservation area stretches over 250 acres of beautiful botanical gardens, wild and tame walking paths, birds galore and one place that you will for sure want to visit often. We will get there by Subway and Bus, bring a lunch so that we may even stay a bit longer! Like all club walks and hikes, every day in nature improves your general health. Bring a camera, sketch pad, sunglasses, hat, etc.

Level: Easy but wear comfortable walking shoes (no sandals, please)

## **Thursday June 25 2020 Toronto Jazz Festival**

TD Toronto Jazz Festival - FREE

Free events at the TJF have been wonderful over the past few years. Details of the schedule haven't been released yet, but you can expect to see several examples of really good music in and around Yorkville. Keep an eye on the OCEY website and updater for details. For more on the 11-day festival, look at the festival's site here: <http://torontojazz.com>

## **Saturday June 27 2020 Paddle the Rouge River**

This is an ideal location for novice paddlers or those who simply want to see wildlife on the Rouge. In the past, we have seen a deer swimming across the river and coyotes in the long grass on the banks. Paddlers are frequently followed by the herons as they paddle down the Rouge. This is also an opportunity to review safety equipment that should be included on any canoe or kayak outing and simple things such as techniques for removing a canoe from a car roof and launching it.

Bring your own canoe or kayak. The paddle from Rouge Beach Marsh up to the 401 takes about an hour. After the two-hour paddle up and back, we can go to the Black Dog Pub in the neighbourhood for refreshments.

## **Monday June 29 2020 to July 1, 2020 Birch Lake Canoe and Camping Weekend**

Come explore the area near Parry Sound. Limit 4 canoes. Must be able to do 800m portage from Shawanaga Creek to Birch Lake.

We may launch from Shawanaga Lodge and paddle through Rock Island Lake.

Cost: No Camp fees. Parking fees (maybe \$10 per night). All participants are responsible for own food, camping & canoe gear.

## **Tuesday June 30 2020 Tuesday Morning Cycle**

No need to reserve, just show up. Ride will be cancelled if raining at 9:00 a.m.

Level: Easy

## **Friday July 3 2020 Mariposa Folk Festival 60th Anniversary**

## John Prine Coming to Mariposa

In a storied career that spans five decades, Prine has earned a slew of accolades, not the least of which are his multiple Grammy and Americana awards, including for the recent highly-acclaimed album, *The Tree of Forgiveness*. His songs have been recorded by a who's who of 'A-list' artists both past and present, and he is regarded as one of the most consequential artists on the music scene by a legion of devout fans, fellow songwriters who would sell their soul to write like him, music critics and the entire music industry. Before it all started, John Prine was just a regular guy who trudged through snow delivering mail in Chicago and entertained himself with little ditties he wrote in his head. He would go on to become a revered icon with twenty-three albums and a whopping collection of knock-out tunes to his credit, performing for sold-out audiences at every stop.

60 Artists - 10+ Stages

100+ Performances - 3 Great Days

A Weekend Music Getaway

Date: July 3 - 5, 2020

Festival Camping: Get the full festival experience by camping at Mariposa Folk Festival in our Pete Seeger Memorial Campground. For more details about festival camping, visit our website [Mariposa Folk Festival](#)

An extra special line-up will be featured for Mariposa 60th Anniversary. Buy your tickets before December 31st and you save approximately 33% (approximately the cost of a one-day ticket). Pricing jumps up significantly after this time as artists are announced. There is festival camping right on the shores of Lake Couchiching from the Thursday morning to Monday noon. Both camping and tickets will sell out this year well in advance, so get your tickets early.

**ALL TICKETS ON SALE**

Special Pricing for Young Adults Ages 19 - 24 and Youth Ages 13 - 18

Children 12 & under free Camping Passes too

BUY NOW AND SAVE

Our mailing address is:

Mariposa Folk Foundation

Box 383

Orillia, ON L3V 6J8

## **Tuesday July 7 2020 Tuesday Morning Cycle**

No need to reserve, just show up. Ride will be cancelled if raining at 9:00 AM.

Level: Easy

## **Tuesday July 7 2020 Walk the Toronto Zoo with an Insider**

Join a retired zookeeper with Metro Zoo, and get really interesting commentary about the nature, animals and history of the Zoo from someone who has worked there from almost the day it opened. Also, there might be a visit with a special animal that you meet up close behind the scenes. Bring a lunch or you can buy it on site. Limit is 15 people.

Level: Easy

Cost: Admission to the Zoo is \$23.00 (or \$18.00 for over 65).  
Parking is a flat rate of \$12.00. TTC Sheppard busses 84 and 86 also stop at the Zoo.

## **Tuesday July 7 2020 Tuesday Evening Cycle - Cherry Beach & Toronto Island - 20 km**

The extended daylight in July allows for a quick trip to the beautiful Toronto Islands. This event will be cancelled if it is raining at 5:00 p.m.

Level: Easy

Cost: Bring money for Toronto Island Ferry. Make sure your bike has lights (just in case!) and a snack to enjoy on the way.

## **Saturday July 11 2020 CANOE DAY TRIP- NORTH MUSKOKA RIVER**

This trip will follow the North Muskoka River for 19km from the village of Port Sydney to High Falls outside Bracebridge. There are 2 very short portages around falls. There may be some swifts. Last year there was plenty of swimming, so bring a swimsuit.

Level: Intermediate, 19 km

Cost: Carpool cost as per [club guidelines](#)

## **Saturday July 11 2020 to Wednesday July 15 2020 Prince Edward Island Cycling & Hiking**

Stay at the Stanhope Campground in Prince Edward National Park or Brackley Beach Hostel nearby.

Daily cycling (or hiking) along the Confederation Trail, Explore Charlottetown route and Gulf Shore and other local routes/trails to explore the island.

Note: this trip can also be combined with the East Coast Hiking Trip, booked separate. When booking advise whether flying or driving to PEI and if already have roommate.

Level: Easy

- Carpool: As per [club guidelines](#)  
Plus \$48.00 per vehicle for Confederation Bridge when depart PEI
- Cost: \$28.00 per campsite per night (service fee may apply) or stay at Brackley Beach Hostel.  
\$7.90 adult/\$6.90 senior daily admission to Prince Edward Island National Park or free with Discovery Pass

## **Tuesday July 14 2020 Tuesday Morning Cycle**

No need to reserve, just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Thursday July 16 2020 to Thursday July 23 2020 East Coast Trail, Newfoundland**

One week day hiking along sections of the 336 km East Coast Trail in Newfoundland.

July 16 to July 21 - 5 nights accommodation at Brown Rabbit Cottages in Tors Cove. Also includes 3 meals per day, transfer to the trail head each day, pickup at the end of our hike.

July 21 to 23 - 2 nights dorm accommodation at MacPherson College, Memorial University, St. John's. Hike North Head Trail

(Signal Hill); Quidi Vas Lake Trail and one of the Cape Spear Trails (Eastern most point in North America) plus explore the city. Note: Space for this event is very limited. Options include PEI cycling (July 11 to 15) and Trinity/Gros Morne hiking (July 23 - 30) which must be booked separately. When booking advise whether flying or driving to Newfoundland and whether already have roommate.

Level: Moderate

Cost: \$1,169.00 including taxes (approx.)

Transportation to Newfoundland by air or car is extra.

## **Thursday July 16 2020 Canoe/Kayak Otonabee River**

*Available for registration Monday, April 20 at 7 p.m.*

This river is fast moving water but suitable for all levels. The view is very beautiful.

We will launch at Campbelltown which is a small town south of Peterborough and paddle about 23 km. The drive will take approximately 2 hours or less from my home (McCowan & 401). We will have lunch at Squirrel Creek C.A. Suitable for swimming. We will return the same way, which avoids a car shuttle. Bring your life jacket & lots of water, etc. Each canoe must have one additional paddle.

We can go to a family restaurant "Old Railroad Stop Restaurant & Gas Bar" (1-705- 295-7125) in Keene, overlooking Rice Lake (CASH ONLY) which has delicious food at very reasonable prices. Open until 7:00 pm. There is also a Hiawatha First Nation art studio you may wish to check out.

Please register so you can contact one another to discuss partners and rides.

## **Friday July 17 2020 to Sunday July 19 2020 Canoe / Kayak in Frontenac Park**

*Available for registration Monday, April 20 at 7 p.m.*

This is a canoe and *kayak friendly trip in Frontenac Park* with NO portages! Put in at Kingsford Dam and paddle about 2.5 hours to a campsite. Since every campsite in the Park is connected by water and land trails, you can use the second day to explore the many rivers and lakes by boat or hike on several choices of

looped trails. On the third day we retrace our steps and return to cars parked at Kingsford Dam.

Level: Beginner/Intermediate

### **Saturday July 18 2020 Theatre Outing Capitol Theatre Port Hope Shirley Valentine**

Port Hope prides itself as having the best preserved 19<sup>th</sup> century streetscape in Ontario. After a walking tour of the town in the morning, we will see the play ‘Shirley Valentine’ in the afternoon, in only one of two remaining atmospheric theatres in Canada. The Tony award winning comedic play follows the story of a middle-age English housewife who rediscovers her true self after spontaneously going on a vacation to Greece.

Cost: Carpool cost as per [club guidelines](#), restaurant meal, theatre tickets \$41 plus handling -participants are responsible to obtain their own theatre tickets

### **Sunday July 19 2020 Cycle East Don River Trail Extension - 35kms**

The group will ride along the East Don Trail heading north and enjoy the quiet car free trails.

### **Tuesday July 21 2020 Tuesday Morning Cycle**

No need to reserve, just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

### **Tuesday July 21 2020 Tuesday Evening Cycle - quiet neighbourhoods of East York**

We will ride through quiet neighbourhoods towards the lake.

Please note: This event will be cancelled if it is raining at 5:00 p.m.

Level: Easy

## **Thursday July 23 2020 to Thursday July 30 2020 Gros Morne & Trinity Hiking - Newfoundland**

**July 23 – 26:** Drive from St. John's to Trinity (253 km) where you can camp or stay in hostel (private rooms available). Hiking on

famous Skerwink Trail, Gun Hill Trail and exploring town. New

Founde Lande Trinity Pageant - \$20 per person (\$15 senior)

Possible visit to Ryan Premises National Historic Site and hiking

Cape Shore Trail in nearby Bonavista and Klondike Trail for puffin viewing in nearby Elliston.

**July 26 – 30:** Drive to Gros Morne National Park (532 km) and camping at Berry Hill Group Campground or staying in cabin.

Hiking on several of the 20 trails including Gros Morne Mountain,

Tablelands (guided hike), Western Pond hike and cruise. Head

over to Lobster Cove for sunset.

**July 30 - Aug 1:** Drive the Viking Trail route to see the Viking settlement and Iceberg Alley.

Note: space is limited. Can be combined with PEI cycling, East

Coast hiking, St. John's hiking or Cape Breton hiking which must be booked separate.

Registration: Advise whether driving from Toronto or flying, if you already have someone to room with.

Level: Moderate

Cost: Either drive from Toronto or fly into St. John's and return from Deer Lake. You need to arrange yourself. You will also need to book your own accommodation. I will supply accommodation and transportation details plus a list of participants so you can arrange carpool and rooming partners.

### **Saturday July 25 2020 Kayak or Canoe - Talbot River 8kms paddling**

Join OCEY members for an easy/flatwater paddle. Launch (put in) at Thorah Centennial Park where there is free parking and a washroom, we will paddle along the Talbot River passing through two locks, we can have lunch at a nearby camp, a car shuffle will be necessary, there is free parking at the camp, paddle distance is approximately 8 kms.

Meet: Thorah Centennial Park, Concession 9, Shore Line Rd (county road 47)

See link below for meet location at Thorah Centennial Park:

[https://www.google.ca/maps/place/Thorah+Centennial+Park/@44.4686035,-](https://www.google.ca/maps/place/Thorah+Centennial+Park/@44.4686035,-79.1609564,17z/data=!3m1!4b1!4m5!3m4!1s0x89d559f9bf39b83d:0x7377fad35376e494!8m2!3d44.4685997!4d-79.1587677)

[79.1609564,17z/data=!3m1!4b1!4m5!3m4!1s0x89d559f9bf39b83d:0x7377fad35376e494!8m2!3d44.4685997!4d-79.1587677](https://www.google.ca/maps/place/Thorah+Centennial+Park/@44.4686035,-79.1609564,17z/data=!3m1!4b1!4m5!3m4!1s0x89d559f9bf39b83d:0x7377fad35376e494!8m2!3d44.4685997!4d-79.1587677)

### **Monday July 27 2020 to Thursday July 30 2020 Car Camping, Hiking, Paddling at Samuel de Champlain Provincial Park**

Monday July 27<sup>th</sup> to Thursday July 30<sup>th</sup>, car camping in Samuel de Champlain Provincial Park (east of North Bay and close to the town of Mattawa).

We will camp in the campground for three nights and will also have Monday evening and Thursday during the day to explore. Activities may include hiking on several trails in the park, canoeing or kayaking on two of the lakes (boat rentals are available), swimming, relaxing and participating in any park interpretive activities. We could also explore hiking trails in nearby conservation areas.

Level: Beginner

Cost: Carpool as per [club guidelines](#) and campground fees

*Available for registration Monday, April 20 at 7 p.m.*

## **Tuesday July 28 2020 to Monday August 3 2020 Smoke Lake to Cache Lake Paddle in Algonquin Park**

Please join fellow canoeists for a seven day paddle in Algonquin Park.

Our route will begin at Smoke Lake and go through the beautiful areas of Ragged, Big Porcupine, Phipps, Harness (2 nights to have a relaxing free day at Harness Lake), and Head Lake, ending at Cache Lake where we take out. The trip requires a car shuttle. This trip is for intermediate paddlers who are prepared for portages.

The trip gets us far enough away from the crowds so that we can really soak up nature and wildlife. The last time I did this trip I saw a moose every day, but I make no promises.

*Available for registration Monday, April 20 at 7 p.m.*

## **Tuesday July 28 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM.

Level: Easy

## **Sunday August 2 2020 to Tuesday August 4 Cape Breton Highlands Hiking**

Day hiking along several of the trails along the famous Cabot Trail. We will most likely hike the Skyline Trail and nearby Corney Brook Trail. Evening listening to local music.

Level:            Moderate

Note: this event should be booked in conjunction with the Gros Morne Hiking trip (booked separate).

## **Tuesday August 4 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM.

Level:            Easy

## **Tuesday August 11 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level:            Easy

## **Wednesday August 12 2020 Wed. August 12-Scugog River Paddle**

This is a moving water, meandering river with lots of turns or take a short cut and paddle through the weeds also view the water lilies. We will paddle about 10-12 km. north to Nayoro Park in Lindsay, where we will have lunch. Bring your life jacket & lots of water, etc. Each canoe must have one additional paddle.

Please register so you can contact each other to discuss who will be your partner. rides.

## **Thursday August 13 2020 to Saturday August 15 2020 Massassauga Paddle**

The Massassauga is a gem that experienced trippers love but is also a great location for new trippers to get started. I am planning to make this as easy as possible for inexperienced people to join. In addition to advice on how to prepare and what to bring, I can provide quite a bit of gear and even extra canoes. We will, of course, require a competent paddler at the stern of each canoe.

*Available for registration Monday, April 20 at 7 p.m.*

## **Thursday August 13 2020 Historic Hair lip's Stronghold City Walk**

Hair lip's Stronghold? Actually, that is literally what Scarborough means.

On this walk, mostly in ravine areas, we will learn about the first family of European decent who lived in this area, about how an untied army boot led to a chain of events that resulted in a local woman having 37 children and step children, and about a first nations burial mound, among other things. We will have a refreshment stop before heading home.

## **Saturday August 15 2020 Bon Echo Provincial Park Hiking - 17 km**

Abes Trail 17 km, some sections offer panoramic views that are particularly spectacular.

Level: Moderate to difficult

## **Monday August 17 2020 to Tuesday August 18 2020 2-Day TRIP GIBSON RIVER TO SEVERN**

This trip will start at Nine Mile Lake and will end at Morrison Landing on the Severn.

Level: Intermediate

Cost: Carpool cost as per [club guidelines](#)

## **Monday August 17 2020 to Friday August 21, 2020 Grey County Cycling Getaway**

Come enjoy country living! Ride 40-50 km routes along scenic Grey County roads visiting areas such as Walter's Falls, Rocklyn, Epping Lookout, and Meaford. Rides will be led Tuesday/Wednesday/Thursday with the option of a shorter Friday morning ride. Maps will be provided for longer rides.

Relax at the rustic chalet, which is located on 22 acres of rural land, right by the entrance to the Bruce Trail. The chalet will sleep up to 10 people. Amenities include a large comfortable living room with a fireplace, pool table, fitness room, a big deck/patio, large backyard and fire pit. Breakfasts and lunches are independent. Dinners will be 2 potlucks and 1 restaurant outing. Options include a swim at Christie beach, self guided hikes on the Bruce Trail, and self guided Waterfront Trail cycling.

Cost: Approximately \$200

Level: Riders should be able to cycle an average of 15+ km/hour on level roads for a total of 40-50 kms.

## **Tuesday August 18 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Tuesday August 18 2020 Tuesday Evening Cycle - Don River Trail Excursion**

Ride the Don River Trail from Leslie and Sheppard.

Please note: This event will be cancelled if it is raining at 5:00 p.m.

Level: Easy

## **Wednesday August 19 2020 Kayak or Canoe to the Toronto Islands**

Join us for a day kayak trip to Toronto Islands. We will launch from Cherry Beach in Toronto on Wednesday August 19, 2020 at 10:30 a.m. From there we will traverse the Eastern Gap and proceed up the inside of Wards Island and explore the area. We will be stopping near the water stadium on Centre Island so bring snacks, a lunch and water. This is a trip for experienced kayakers. Each kayaker must have their own kayak and requisite safety gear, including a PFD, whistle, heaving line at least 15 m and a bailer or water pump. You can rent kayaks at Harbourfront Canoe and Kayak Centre. The trip will be limited to 10 paddlers. Consideration will be given to experienced canoeists who do not have a kayak.

## **Wednesday August 19 2020 Leslie Street Spit Evening Walk**

Evening walk in Tommy Thompson Park (Leslie Street Spit).

Level: Easy

## **Saturday August 22 2020 CANOE DAY TRIP - Go Home to McCrae Lake**

This trip will follow the Musquash River out of Go Home Lake into Georgian Bay and end at McCrae Lake. There are five portages enroute. The water will be ideal for swimming, so bring a swimsuit. If the wind is up on Georgian Bay, a different route will be taken.

Level: Intermediate, 22 km

## **Saturday August 22 2020 Boyne Valley Hike - 18 km**

Walk the hills and valleys, forest and creeks of the Mulmur Hills, north of Shelburne with many lookouts and vistas and wander up and down to the wonderful Murphy's Pinnacle.

Pace: Moderate over 18 km

Terrain: Challenging, variable

## **Sunday August 23 2020 to Friday August 28 2020 Canoe West Algonquin: Magnetewan to White Trout Lake**

*Available for registration Monday, April 20 at 7 p.m.*

Our Algonquin exploration this year will begin near Kearney on the west side of the park. Paddling through small and large lakes, marshes, and winding rivers/streams, the varied terrain will offer opportunities (if we're lucky!) to observe beavers, otters, moose, herons and a variety of other birds. We will spend an extra night on White Trout Lake to rejuvenate ourselves, relax, or explore the Trout Lakes for the more ambitious and energetic.

Max: 8 people

Difficulty Level: Intermediate due to multiple portages ranging in length from beaver dam liftovers to 935 m.

## **Tuesday August 25 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Tuesday August 25 2020 Chez Chantal - Tuesday evening cycle end of season party**

Join us for a cycle around East York followed by pizza and refreshments. Pizza is \$2.50 and a beer or a glass of wine also \$2.50 each. You are welcome to bring your own refreshments and snacks.

Please note: This event will be cancelled if it is raining at 5:00 p.m.

Level: Easy

## **Saturday August 29 2020 Hockley Valley Hike - 18 km**

Explore the side trails and the main trail of the Hockley Hills with its moderate hills and shallow valleys, rivers, creeks and abandoned farmlands. Bugs should be gone.

Terrain: Hilly, variable

## **Tuesday September 1 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

## **Wednesday September 2 2020 Cycling Cobourg to Wicklow Beach - 40 kms**

This is an easy trail and suitable for cyclist who can do a distance of approximately 40 km. We will lunch at Wicklow Beach – Porta Potty available. Please register so I will know who is attending. If you need more information, please do not hesitate to contact me.

## **Tuesday September 8 2020 to Friday September 18 2020 Temagami Canoe Trip**

*Available for registration Monday, April 20 at 7 p.m.*

This year the route will begin at Mowat Landing and travel through Lady Evelyn, Diamond and Obabika lakes before finishing in Lake Temagami. This plan will require some car shuttling to permit the non-circular route.

We will not be taking the side trip to Maple mountain.

Only intermediate paddlers should consider this trip. Some of these lakes are large and can present challenging paddling conditions. Participants should also be willing to share tents to minimize our sprawl and make more campsites available to the group. Maximum group size - 4 canoes 8 paddlers.

## **Tuesday September 8 2020 Tuesday Morning Cycle**

Easy ride, no need to register, just show up. If raining at 9:00am ride cancelled.

## **Saturday September 12 2020 City Walk in Historic Niagara-on-the-Lake**

Niagara-on-the-Lake was the first Capital of Upper Canada and contains many of this province's firsts. Between the forts, parks, beautiful homes and gardens there is a lot to see. Before returning home, we will have a meal at a local restaurant.

Cost: Carpool cost as per [club guidelines](#) and restaurant meal.

## **Saturday September 12 2020 Two Great Art Shows: McMichael Art Gallery**

"A Like Vision" celebrating the Group of Seven on the centenary of their first exhibition, is on display all year. We'll view it at the same time as "Uninvited", 200 pieces from women painters, photographers, sculptors, architects and film makers from the same time period. Guided tour at 2:00. Short walk and a bite to eat after.

Cost: Tickets \$18, \$15 seniors

## **Sunday September 13 2020 Cycle - Inglewood to Terra Cotta 45kms**

This is another one of those flat trails that is very pleasant to cycle. We will cycle from the Trans Canada Trail Pavilion in Caledon East to Terra Cotta Conservation Area where we will lunch. Will stop along the way to explore the Ken Whillans Resource Management Area.

## **Tuesday September 15 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Thursday September 17 2020 Cycling Peterborough to Omeme - 40 kms**

This is an easy rail trail and suitable for all levels of cyclist. We will lunch in Omeme. Washrooms available. Please register so I will know who is attending. If you need more information, please do not hesitate to contact me.

## **Saturday September 19 2020 Graffiti/Street Art Walk**

Tour of Graffiti Alley in Toronto

Come out to learn and enjoy the many Styles Graffiti comes in, such as Tags, Throw Ups, A Piece and Wildstyle. You will see the works from Graffiti Writers and Toys. This walk has two parts. Part one: Spadina Ave. to Portland St. If your not time challenged:

Part two will end at Niagara St., with an optional pub stop for refreshments.

## **Sunday September 20 2020 Tour de Markham Ride - 30kms**

## **Sunday September 20 2020 Cycling - Allan Gardens to Humber Bay - 35km**

Enjoy a slow ride from Allan Gardens. We will head along the bike path, across the city, out to High Park and then to Humber Bay. We will do about 35km at a comfortable pace. Multiple dropouts. Tea at a café after the ride.

Level:            Easy

## **Tuesday September 22 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level:            Easy

## **Tuesday September 22 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level:            Easy

## **Saturday September 26 2020 CANOE DAY TRIP: Burnt River**

The Burnt River offers everything a daytripper could ask for - great Haliburton scenery, four portages and a picturesque waterfall!

We will have lunch by a set of rapids. The trip will take 5 hours to complete.

Level: Intermediate, 20 km

Cost: Carpool cost as per [club guidelines](#)

## **Saturday September 26 2020 Cycle - High Park to Port Credit Marina - 40kms**

Join us for cycle along the Humber river and the Mississauga waterfront and return. We will have lunch at the Port Credit marina.

Level: Moderate

## **Saturday September 26 2020 Scarborough U of T City Walk**

We will walk for approximately two hours on paved surfaces from the Scarborough U of T Campus, crossing over Highland Creek and continuing north along the trail, following the creek through Morningside Park. We will continue over another bridge and up the hill to Kingston Road. From there, it is a short walk to the Old Stone Cottage Pub for lunch or refreshments. For those who would like to leave at the end of the walk, TTC to the subway or GO train is accessible from Kingston Road.

Level: Easy

Cost: Free, pay for your own lunch and/or beverages

## **Sunday September 27 2020 Coopers Falls Hike - 15 km**

The Coopers Falls section of The Great Trail (formerly the Trans Canada Trail) in Muskoka with scenic lakes, rocky outcrops and perhaps early signs of autumn. The last time the club visited this area was 2010.

Level: Moderate

Carpool: As per [club guidelines](#)

## **Tuesday September 29 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Thursday October 1 2020 to Sunday October 4 2020 Killbear Park Lodge Long Weekend Hiking**

*Available for registration Monday, April 20 at 7 p.m.*

The staff lodge at Killbear is a favourite destination for OCEY members. The park is bounded by Georgian Bay and Parry Sound and has extensive shorelines and beaches. The accommodation is in rooms with two beds each. There is an enormous kitchen for preparing and cooking our own food and a comfortable lounge area. There are many hiking trails in the park including shoreline trails, as well as opportunities for canoeing and kayaking. Food will be independent except for a potluck supper on Friday evening.

Note: The trip will run from Thursday to Sunday. We have to vacate the Lodge by 11 am Sunday.

Level: All hiking levels; canoeing is on Georgian Bay and can be challenging.

Cost: \$80 for two nights or \$120 for three nights  
accommodation plus carpool as per club guidelines.

### **Saturday October 3 2020 Day Hike St Jacobs and a walk by the Conestogo River**

From the village St Jacobs in the heart of Mennonite country, there are two trails that follow the scenic Conestogo River: The Mill Race Trail heading upstream, or the Health Valley Trail heading downstream. Time permitting, we could sample both. The terrain is very gentle, ideal for the beginner hiker.

Level: Easy

### **Saturday October 3 2020 Muskoka Day Hike - 18 km**

Hike on the Five Winds Trails in southwest Muskoka. This is shield country - a rugged land of bare rock, small lakes, rivers, and beaver ponds.

Facilities: None

Level: Moderate

### **Saturday October 3 2020 Day Cycling - Northumberland 40 - 80 kms**

Join us for a day of riding the picturesque and countryside just north of Cobourg. Cycling route will include several options, including the hills of the moraine, and the Waterfront Trail in the Grafton/Cobourg region. Distances can easily be altered. Bicycle maps provided. A late afternoon BBQ and pot luck afterwards.

Level: Intermediate with hills, Waterfront Trail flat

**Cost: Shared cost to be announced after sign-up date of September 28th.**

## **Sunday October 4 2020 Cycling - Allan Gardens to the North - 35km**

Enjoy a slow ride from Allan Gardens. We will head along the bike path and quiet side streets up to the northern end of the city. We will do about 35km at a comfortable pace. Multiple dropouts. Tea at a café after the ride.

Level: Easy

## **Tuesday October 6 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Thursday October 8 2020 Toronto Walk**

Details TBA

## **Thursday October 8 2020 to Saturday October 10 2020 Woodlands Lake Canoe Camping.**

*Available for registration Monday, April 20 at 7 p.m.*

Paddle from Severn through Ayer's Marsh, Upper & Lower Bouleau Lakes for 2 nights. Must be able to do medium portages (<500 m) at least 3. Limit 4 canoes. Park and launch from Morrison Lake (no fee). No camp fees.

All participants are responsible for own food, camping & canoe gear.

## **Saturday October 10 2020 Hike the Don at Salmon Run Time**

A beautiful 10 km loop that combines trails on the steep slopes of Crothers Woods (between Pottery Rd and ET Seton Park) and along the banks of the Don, stopping to watch for salmon jumping a big drop near the Forks of the Don.

An intermediate level hike – quite a lot of ups and downs. All the trails are unpaved, so depending on the weather before, it could be muddy.

Meet at the Thomas Hauser Memorial Trailhead in the south east corner of the parking lot for the Redway Road Loblaws, off Millwood Road. Several TTC buses can get you to Millwood and Redway (from line 1 or line 2), including the 56 and 100. A link for the meeting spot:

[Thomas Hauser Memorial Trailhead](#)

3 hours. 10 km. If you are interested, we can go for a fish chowder on Laird after the hike.

THE DATE OF THIS EVENT. If the salmon change their travel plans, we will modify ours accordingly.

## **Saturday October 10 2020 Cycling - Keswick to Pefferlaw**

From Keswick, we will cycle leisurely along the Lake Simcoe waterfront to Pefferlaw and back via quiet country roads.

Level:                    Intermediate, about 60 km, some hills on the return ride.

## **Monday October 12 2020 to Friday October 16 2020 Beaver Valley/Blue Mountain Hiking Getaway**

*Available for registration Monday, April 20 at 7 p.m.*

Stay four nights in the Woolner House at Highlands Nordic and enjoy spectacular views over Georgian Bay. We will do loop hikes on the Bruce

Trail, a short drive from our accommodations. There will be both moderate and strenuous hikes offered most days. Check in time is 4:00 pm on Monday, October 14. If you arrive earlier, you can hike on the trails on the property. Check out is 11:00 am on Friday.

Level: Moderate to Strenuous at Kalapore, Pretty River and Devil's Glen.

Cost: \$125.00 for four nights accommodation. Sheets and towels are provided. Bring your own food. Pot-luck supper two nights.

## **Tuesday October 13 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Saturday October 17 2020 Forks of the Credit Day Hike - 10 km**

We will do a loop hike through the Devil's Pulpit and the Forks of the Credit Provincial Park.

Level: Moderate to challenging

Cost: Carpool as per [club guidelines](#)

## **Sunday October 18 2020 Smokey Hollow Hike - 15 km**

This very scenic part of the Bruce Trail in the Burlington area features a walk along a cascading stream with spectacular waterfalls amidst a hardwood forest in full autumn colours.

Level: Moderate

Cost: Car pool as per [club guidelines](#)

## **Tuesday October 20 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Thursday October 22 2020 Annual General Meeting & Pub Night**

We are once again combining the AGM with a pub night! After the Executive report to the membership and club members elect the new executive, this will also be a social occasion, so plan to stay on.

If you have items you would like included in the agenda, please send your submissions to [president@ocey.org](mailto:president@ocey.org) by **Monday September 2**, so they can be circulated to the membership as required in the bylaws.

## **Saturday October 24 2020 Silver Creek Hike - 18 km**

Stroll the woods and creeks of Caledon Hills, walk on the Bennett Heritage Trail and Scotsdale Farm, see the fall colours in the area.

Pace: Moderate over 18 km

Terrain: Rocky, variable

## **Sunday October 25 2020 Oshawa Second Marsh Hike**

We will hike around the Second Marsh wetlands, where we will see different species of birds, then along the beach of Lake Ontario, and along trails through Darlington Provincial Park and McLaughlin Bay Wildlife

Reserve. Dress for the weather with waterproof footwear and windproof clothing. There are picnic tables and lookouts. Bring a lunch.

Level: Easy, flat terrain with sand, boardwalk and trails

## **Tuesday October 27 2020 Tuesday Morning Cycle**

No need to reserve. Just show up. Ride will be cancelled if raining at 9:00 AM

Level: Easy

## **Friday October 30 2020 to Sunday October 1 2020 Wolf's Den Weekend Hiking**

*Available for registration Monday, April 20 at 7 p.m.*

Join us for a fun-filled weekend at what has become one of the favourite destinations for our club. We will hike or just relax in the sauna or socialize around the fireplace. Always count on a delicious potluck dinner on Saturday night. All previous trips to this location fill up fast so book early as numbers are limited.

Cost: to be advised for two nights plus car pool as per [club guidelines](#)

## **Saturday October 31 2020 Limehouse Hike - 18 km**

Trek the flat and rocky old forest trail of Halton Hills, see the changing of the seasons, walk on huge rock crevasses, explore the old lime kilns, the deep rock caves and squeeze through the HOLE IN THE WALL.

Pace: Moderate over 18 km

Terrain: Rocky, flat and variable

## **Saturday October 31 2020 Frederick Banting, 100 Years After Urban Walk**

In the early hours of October 31, 1920, Frederick Banting woke up and frantically jotted down some notes to himself. And so began the discovery of insulin. It has saved many millions of lives and marks what is undoubtedly the most momentous contribution to medicine from this country. The journey leading from Banting's notes of October 31, 1920 to a reliable treatment for diabetes was tortuous and marked with setbacks, intense personal conflict and some remarkable individual contributions. And many dogs who also died for the cause! But, in 1923 Banting was recognized with a Nobel Prize for Medicine and to this day he is still the youngest recipient of the award – he was just 32.

Today's walk will explore the story of insulin – a Toronto story. It will be 10 km and take 3 hours.

## **Sunday November 1 2020 North Seaton Trail Hike - 14 km**

North Seaton trail to Green River and back. We will hike 14 km on the Seaton trail, along the West Duffins Creek. The trail follows historic hunting and fishing routes on the creek, used for centuries by aboriginal people.

Meeting Spot - **Whites Road (south of TAUNTON ROAD)**. Turn east onto Forestream Trail. Before the river turn south and continue a short distance to the parking lot.

Level:                      Moderate with some hills

## **Monday November 2 2020 to Friday November 6 2020 Frontenac Park Hiking and Cottage**

*Available for registration Monday, April 20 at 7 p.m.*

We are again renting a cottage for a week of hiking (November 2 to 6). Our goal is to do day hikes on many of the Frontenac trails, approximately 15 to 18 km each day.

There are spaces in the main cottage for 2 couples and 3 singles and in the farm house across the street, spaces for 2 couples and 4 singles.

Cost: Per person will be \$25 per night and it includes a simple breakfast. Meals will be potluck.

## **Tuesday November 3 2020 Cycle - Tuesday Morning end of season ride**

Time: 9:30 AM

This will be the last ride of the season.

## **Saturday November 7 2020 Copeland Forest Hike (north of Barrie)**

Time: 10:30 AM

Copeland Forest has an interesting conservation history – it was originally set aside to be a provincial park. We will walk 12-14 km on some very pretty trails through the Forest – some will be up and down steep moraine ridges covered with hardwood, some through cedars along an attractive creek. Check conditions at the time – winter will reach Copeland long before T.O.

Bring a lunch. If you are interested, we can go for a soup, coffee or pie at Loobies in Craighurst after the hike.

Location: Copeland Forest, Simcoe County. Not far from Horseshoe Valley and Mount. St Louis Moonstone.

## **Wednesday November 11 2020 Remembrance Day City Walk**

“Lest we forget...” This walk will start at Lawrence TTC station and will take in Blythwood Ravine, Sherwood Park, Sunnybrook

Park and Burkebrook Ravine. We will visit the Sunnybrook cenotaph and get glimpses of the health care legacy of World War II – Sunnybrook Hospital and all the rehabilitation institutions south of Burkebrook. It will be about 10 km and take around 3 hours. A good part of the walk is on paved trails.

Level:      Easy

## **Sunday November 15 2020 Mono Cliffs Bruce Trail Hike - 15 km**

We will hike about 15 km in Mono Cliffs Provincial Park. Expect varied terrain, wooded with some open spots. (Bruce Trail Guide Map 19). Pub stop afterwards at the Mono Cliffs Inn.

Level:           Moderate

*Please Register by Friday, November 13*

## **Thursday November 19 2020 East Don Ravine Hike**

Back again. This is a repeat of a hike some of us did in November 2019 and January 2020.

In the footsteps of an OCEY founder, Charles Sauriol (see the Club History on this site). This hike will set out from the 'Forks of the Don' where Sauriol had his cottage and it will traverse the wild Don Valley that Sauriol loved so much. It will follow some at-times sketchy mountain bike trails (including one named Kitchen Sink) up the East Don through the Charles Sauriol Conservation Area and Anewen Greenbelt to near Lawrence. It is a surprisingly “remote” part of the city with several beautiful wooded areas – a legacy of Sauriol’s conservation work.

**Be warned — this is a strenuous hike** with steep hills and depending on conditions it could be quite muddy or icy. The trail has significant drop-offs in places — not for the faint of heart. At no point will you be on paved trails or city streets or sidewalks. You will need walking boots with a beefy tread. Hiking pole(s) if you use them for the steeper slopes. Maybe icers if conditions dictate.

It is a 4 hour hike, 15 plus km. Bring a lunch.

## **Tuesday November 24 2020 Hike the Woods & Creeks of the West Don**

Lower West Don River and tributaries. About 10-12 km through some of Toronto's prettiest ravines and table lands – around Burke

Brook, Wilket Creek and the West Don. Most of the walk will be on **unpaved** trails, though we will also check out a section of the Leaside Spur Trail. Be prepared for some wetness underfoot, or whatever the season delivers. You could need icers. There will be a few steep climbs. If anyone is interested, we can go for a soup and/or coffee at McEwan's in Don Mills after.

## **Thursday November 26 2020 Toronto Walk**

This 10 km walk will take us through quiet neighbourhood streets and parks. Lunch stop at a nearby restaurant afterwards.

Location: St. Clair Subway station

Requirements: Icers - depends on weather conditions

## **Wednesday December 30 2020 to Sunday January 3 2021 New Year's 2021 with OCEY in Algonquin Park Wolfden**

Plan to join us for another fun filled active New Year's weekend celebration at the Wolf Den Bunkhouse, starting from Wednesday,

December 30,2020 to Sunday, January 2st 2021. Activities include Skiing, Snowshoeing. Dinner arrangements to be determined.

[Wolf Den Bunkhouse](#)

Costs: \$160 per person for the 4 nights plus carpool as per [club guidelines](#)